Present perfect continuous

El verbo en -ing

El present perfect continuous habla de una actividad que empezó antes y continúa ahora, o que acaba de parar y deja señales ahora. Se forma con have o has + been + verbo en -ing. La primera frase nombra la actividad. En la segunda escribe ese mismo verbo en -ing. Añade -ing al verbo. Si termina en e muda, quítala: write → writing. Run, swim, shop, plan, dig y cut duplican la consonante final: running, swimming, shopping, planning, digging, cutting. En inglés americano escribimos traveling con una l.

Ejemplo resuelto

I write stories. I have been ____ all morning. → I write stories. I have been writing all morning.

Escribo historias. Llevo toda la mañana escribiendo.

Completa con la forma en -ing del verbo que aparece en la primera frase.

01. You train at this gym. You have been _____ here for six months.

02. The gardener cuts the grass. He has been _____ it for an hour.

03. Emma paints portraits. She has been _____ mine all afternoon.

04. I read before bed. I have been _____ this novel for an hour.

05. My brother fixes computers. He has been _____ mine all morning.

06. We listen to podcasts. We have been _____ to one for an hour.

07. The dog digs in the yard. He has been _____ there for ten minutes.

08. Tom drives a taxi. He has been _____ around town since dawn.

09. We clean offices. We have been _____ this one since six o'clock.

10. We travel by train. We have been _____ through Canada this week.

11. My cousin designs websites. She has been _____ one for our club this month.

12. I write stories in my free time. I have been _____ one all morning.

13. Ana dances with her group. She has been _____ all evening.

14. Dad cooks on Sundays. He has been _____ soup for an hour.

15. The boys swim after school. They have been _____ since four o'clock.

16. Leo repairs bikes. He has been _____ mine since breakfast.

17. I type reports. I have been _____ one since nine o'clock.

18. You teach online. You have been _____ all morning.

19. Sara runs every day. She has been _____ for twenty minutes.

20. I make jewelry. I have been _____ a bracelet this afternoon.

Present perfect continuous

El verbo en -ing

Continuación: ejercicios 21-40. Completa con la forma en -ing del verbo que aparece en la primera frase.

21. I practice the violin. I have been _____ since breakfast.

22. We pack orders. We have been _____ them since eight o'clock.

23. The girls sing in a choir. They have been _____ together since September.

24. The workers build houses. They have been _____ one since March.

25. My sister shops at the market. She has been _____ there all morning.

26. He cycles to school. He has been _____ there since September.

27. My aunt sews clothes. She has been _____ a dress all afternoon.

28. I draw animals. I have been _____ a horse for an hour.

29. We wait here for the bus. We have been _____ for half an hour.

30. They hike in the mountains. They have been _____ since sunrise.

31. I learn French at school. I have been _____ it since January.

32. We study together. We have been _____ for our test since lunch.

33. You help at the shelter. You have been _____ there since June.

34. The children play soccer. They have been _____ since school ended.

35. She takes photos. She has been _____ pictures of the birds all morning.

36. We plan trips together. We have been _____ our vacation this week.

37. I bake bread. I have been _____ all morning.

38. I exercise before work. I have been _____ for twenty minutes.

39. He washes cars. He has been _____ ours for half an hour.

40. They rehearse in this hall. They have been _____ here all week.

Soluciones

Frases con el hueco completado. La respuesta aparece en negrita.

01. You have been **training** here for six months.
02. He has been **cutting** it for an hour.
03. She has been **painting** mine all afternoon.
04. I have been **reading** this novel for an hour.
05. He has been **fixing** mine all morning.
06. We have been **listening** to one for an hour.
07. He has been **digging** there for ten minutes.
08. He has been **driving** around town since dawn.
09. We have been **cleaning** this one since six o'clock.
10. We have been **traveling** through Canada this week.
11. She has been **designing** one for our club this month.
12. I have been **writing** one all morning.
13. She has been **dancing** all evening.
14. He has been **cooking** soup for an hour.
15. They have been **swimming** since four o'clock.
16. He has been **repairing** mine since breakfast.
17. I have been **typing** one since nine o'clock.
18. You have been **teaching** all morning.
19. She has been **running** for twenty minutes.
20. I have been **making** a bracelet this afternoon.
21. I have been **practicing** since breakfast.
22. We have been **packing** them since eight o'clock.
23. They have been **singing** together since September.
24. They have been **building** one since March.
25. She has been **shopping** there all morning.
26. He has been **cycling** there since September.
27. She has been **sewing** a dress all afternoon.
28. I have been **drawing** a horse for an hour.
29. We have been **waiting** for half an hour.
30. They have been **hiking** since sunrise.
31. I have been **learning** it since January.
32. We have been **studying** for our test since lunch.
33. You have been **helping** there since June.
34. They have been **playing** since school ended.
35. She has been **taking** pictures of the birds all morning.
36. We have been **planning** our vacation this week.
37. I have been **baking** all morning.
38. I have been **exercising** for twenty minutes.
39. He has been **washing** ours for half an hour.
40. They have been **rehearsing** here all week.