Past perfect continuous

Had: el auxiliar para todas las personas

El past perfect continuous cuenta una actividad que llevaba un tiempo en marcha antes de otro momento pasado. Se forma con had + been + verbo en -ing. La actividad podía continuar entonces o haber parado poco antes y dejar señales: He was tired because he had been running. Had no cambia: I, you, he, she, it, we y they llevan had. Aquí been y el verbo en -ing ya están escritos.

Ejemplo resuelto

I was tired because I ____ been working. → I was tired because I had been working.

Estaba cansado porque había estado trabajando.

Completa con had, sin contraerlo.

01. He _____ been training for weeks before his first race.

02. She _____ been teaching for ten years when she moved to our school.

03. I felt calm because I _____ been walking by the lake.

04. The girls were hot because they _____ been dancing.

05. Tom was wet because he _____ been washing the car.

06. We _____ been searching the woods before someone found the cat.

07. Dad's hands were dirty because he _____ been gardening.

08. Anna _____ been swimming before I met her at the pool entrance.

09. We were ready for the show because we _____ been rehearsing.

10. I _____ been looking for my keys when you found them.

11. They _____ been studying all morning when the teacher called.

12. I was tired because I _____ been working since dawn.

13. The volunteers _____ been serving meals before we came to help.

14. Her fingers hurt because she _____ been practicing the violin.

15. She was out of breath because she _____ been running.

16. He _____ been driving for three hours when we stopped.

17. They _____ been planning the concert for months before it was canceled.

18. She _____ been typing the report for an hour when the screen froze.

19. We _____ been talking for a while when dinner was served.

20. My brother _____ been fixing his bike before he asked for help.

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Continuación: ejercicios 21-40. Completa con had, sin contraerlo.

21. They _____ been discussing the problem before the manager joined them.

22. The ground was wet when we arrived. It _____ been raining.

23. I _____ been packing all morning when the taxi arrived.

24. We _____ been cleaning since breakfast when our guests arrived.

25. Mom was tired because she _____ been cooking for hours.

26. The baby was upset because she _____ been crying for a long time.

27. We _____ been traveling for two days when we reached Denver.

28. The floor was wet because someone _____ been mopping it.

29. They _____ been building the house for months when we visited.

30. The kitchen smelled sweet because Sara _____ been baking cookies.

31. She _____ been learning English for years before that trip.

32. My eyes hurt because I _____ been using the computer all day.

33. I _____ been reading for an hour when the lights went out.

34. We _____ been waiting for twenty minutes when the bus came.

35. The boys were muddy because they _____ been playing outside.

36. Dad _____ been painting the fence when it started to rain.

37. You _____ been carrying boxes before you hurt your back.

38. Grandma _____ been sewing for an hour when I called.

39. The workers _____ been repairing the road before the storm came.

40. The dog was tired because it _____ been chasing a ball.

Soluciones

Frases con el hueco completado. La respuesta aparece en negrita.

01. He **had** been training for weeks before his first race.
02. She **had** been teaching for ten years when she moved to our school.
03. I felt calm because I **had** been walking by the lake.
04. The girls were hot because they **had** been dancing.
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