Past perfect continuous

For o since: duración y comienzo

For indica cuánto duró la actividad: for two hours, durante dos horas. Since indica cuándo empezó: since Monday, desde el lunes; since I arrived, desde que llegué. Con had been + -ing, ese periodo llega hasta otro momento pasado. No confundas for an hour, durante una hora, con since one o'clock, desde la una.

Ejemplo resuelto

I had been waiting ____ ten minutes when the bus came. → I had been waiting for ten minutes when the bus came.

Llevaba diez minutos esperando cuando llegó el autobús.

Completa con for o since según la expresión de tiempo.

01. The volunteers had been helping _____ a month before we joined them.

02. The workers had been painting _____ Monday when the rain started.

03. He had been running _____ sunrise when his knee hurt.

04. We had been traveling _____ the previous Sunday when we reached Rome.

05. We had been working there _____ six months when the store closed.

06. The choir had been singing _____ eight o'clock when the lights failed.

07. Mia had been practicing _____ noon when the concert began.

08. She had been cleaning _____ two hours before her boss came.

09. Tom had been looking for work _____ several weeks before he found a job.

10. Anna had been swimming _____ half an hour before the pool closed.

11. The phone rang at seven. She had been exercising _____ she got home.

12. The baby had been crying _____ a few minutes before she fell asleep.

13. Dad had been cooking _____ eleven o'clock when we arrived.

14. We had been rehearsing _____ a week before the director arrived.

15. She had been studying _____ dawn when I called.

16. The bell rang at ten. The students had been drawing _____ the lesson began.

17. Grandma had been sewing _____ three hours before the needle broke.

18. I had been listening to the radio _____ six o'clock when you phoned.

19. He had been washing windows _____ half the morning before lunch.

20. They had been testing the app _____ several days before the launch.

Past perfect continuous

For o since: duración y comienzo

Continuación: ejercicios 21-40. Completa con for o since según la expresión de tiempo.

21. We had been reading _____ breakfast when the lights went out.

22. I had been writing _____ an hour when my pen ran out.

23. I had been cycling _____ an hour when my tire went flat.

24. They had been talking _____ ten minutes before the teacher joined them.

25. We had been teaching online _____ two years when the school reopened.

26. The rain had been falling _____ midnight when I woke up.

27. The guests had been packing _____ two hours before the taxi came.

28. He had been driving _____ dawn when we stopped.

29. I had been typing _____ nine o'clock when the computer crashed.

30. Lisa had been revising her essay _____ breakfast when she submitted it.

31. They had been building the house _____ three months before the storm.

32. Sara had been shopping _____ lunchtime when she met us.

33. The children had been playing _____ an hour before dinner.

34. We found the dog at noon. We had been searching _____ it disappeared.

35. He had been planning the party _____ Christmas when we offered to help.

36. She had been dancing _____ forty minutes before the music stopped.

37. He opened his shop last June. He had been repairing bikes _____ he left school.

38. Dad had been gardening _____ most of the morning before it rained.

39. I had been waiting _____ twenty minutes when the bus came.

40. My aunt had been learning Italian _____ January when she left for Rome.

Soluciones

Frases con el hueco completado. La respuesta aparece en negrita.

01. The volunteers had been helping **for** a month before we joined them.
02. The workers had been painting **since** Monday when the rain started.
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32. Sara had been shopping **since** lunchtime when she met us.
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35. He had been planning the party **since** Christmas when we offered to help.
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37. He had been repairing bikes **since** he left school.
38. Dad had been gardening **for** most of the morning before it rained.
39. I had been waiting **for** twenty minutes when the bus came.
40. My aunt had been learning Italian **since** January when she left for Rome.