Completed actions, duration and results

Verbos en -ing para una actividad anterior

Had been + verbo en -ing describe una actividad anterior que duró un tiempo. Aquí had been ya está escrito. Usa el verbo de la primera frase y añade -ing. Quita la e final de make o ride: making, riding. Conserva la y: studying, carrying. Run, swim, dig, sit, shop, plan y knit duplican la consonante final. En inglés americano, travel lleva una sola l: traveling. Read añade -ing: reading.

Ejemplo resuelto

I run in the park. I was tired because I had been ____ uphill. → I run in the park. I was tired because I had been running uphill.

Corro en el parque. Estaba cansado porque había estado corriendo cuesta arriba.

Completa solo la forma en -ing del verbo de la primera frase.

01. We travel by bus. We were hungry because we had been _____ all day.

02. Tom rides his bike to work. His legs ached because he had been _____ against the wind.

03. I wait for buses here. I was cold because I had been _____ outside since seven.

04. She draws portraits. When I arrived, she had been _____ for three hours.

05. We hike on weekends. We were thirsty because we had been _____ in the sun.

06. We clean classrooms. We needed a break because we had been _____ since eight.

07. We sit near the stage. Our backs hurt because we had been _____ on hard chairs.

08. The baby cries at night. His face was red because he had been _____ for twenty minutes.

09. Dad makes furniture. He was tired because he had been _____ a desk since eight.

10. I study at home. My eyes were tired because I had been _____ since noon.

11. Mom knits scarves. Her hands ached because she had been _____ all evening.

12. The dog chases balls. It was thirsty because it had been _____ a ball in the park.

13. She dances every week. Her feet hurt because she had been _____ for two hours.

14. I pack orders. My fingers hurt because I had been _____ boxes all morning.

15. We look for birds. Before we saw one, we had been _____ for half an hour.

16. He plans school trips. His desk was full of maps because he had been _____ our next trip.

17. I walk to work. My feet hurt because I had been _____ for two hours.

18. Tom repairs phones. His fingers hurt because he had been _____ phones since nine.

19. I type reports. My wrists hurt because I had been _____ all afternoon.

20. I carry boxes at work. My arms hurt because I had been _____ heavy boxes.

Completed actions, duration and results

Verbos en -ing para una actividad anterior

Continuación: ejercicios 21-40. Completa solo la forma en -ing del verbo de la primera frase.

21. I write letters to friends. My fingers hurt because I had been _____ all morning.

22. The children dig in the garden. Their boots were muddy because they had been _____ a hole.

23. She swims each morning. Her hair was wet because she had been _____ for an hour.

24. Dad drives a taxi. He needed a break because he had been _____ since six.

25. Anna practices the piano. She knew the piece well because she had been _____ every day.

26. She reads on the train. When we met, she had been _____ for an hour.

27. He works in the garden. His hands were dirty because he had been _____ outside.

28. We wash cars. Our sleeves were wet because we had been _____ the van.

29. He builds model ships. When I arrived, he had been _____ one for two hours.

30. We run in the park. We were out of breath because we had been _____ uphill.

31. We paint walls. Our hands were blue because we had been _____ the bedroom.

32. Dad cooks dinner. When I arrived, he had been _____ since five.

33. Dad shops at the market. His bags were heavy because he had been _____ all morning.

34. She talks on the phone. Her battery was low because she had been _____ for an hour.

35. Anna sings in a choir. Her throat hurt because she had been _____ for an hour.

36. She teaches dance. She was tired because she had been _____ since breakfast.

37. The children play soccer. Their shoes were muddy because they had been _____ in the rain.

38. He sands wooden shelves. The floor was dusty because he had been _____ all morning.

39. Mom bakes bread. The kitchen was warm because she had been _____ all morning.

40. I take photos at games. My hands were cold because I had been _____ photos outside.

Soluciones

Frases con el hueco completado. La respuesta aparece en negrita.

01. We were hungry because we had been **traveling** all day.
02. His legs ached because he had been **riding** against the wind.
03. I was cold because I had been **waiting** outside since seven.
04. When I arrived, she had been **drawing** for three hours.
05. We were thirsty because we had been **hiking** in the sun.
06. We needed a break because we had been **cleaning** since eight.
07. Our backs hurt because we had been **sitting** on hard chairs.
08. His face was red because he had been **crying** for twenty minutes.
09. He was tired because he had been **making** a desk since eight.
10. My eyes were tired because I had been **studying** since noon.
11. Her hands ached because she had been **knitting** all evening.
12. It was thirsty because it had been **chasing** a ball in the park.
13. Her feet hurt because she had been **dancing** for two hours.
14. My fingers hurt because I had been **packing** boxes all morning.
15. Before we saw one, we had been **looking** for half an hour.
16. His desk was full of maps because he had been **planning** our next trip.
17. My feet hurt because I had been **walking** for two hours.
18. His fingers hurt because he had been **repairing** phones since nine.
19. My wrists hurt because I had been **typing** all afternoon.
20. My arms hurt because I had been **carrying** heavy boxes.
21. My fingers hurt because I had been **writing** all morning.
22. Their boots were muddy because they had been **digging** a hole.
23. Her hair was wet because she had been **swimming** for an hour.
24. He needed a break because he had been **driving** since six.
25. She knew the piece well because she had been **practicing** every day.
26. When we met, she had been **reading** for an hour.
27. His hands were dirty because he had been **working** outside.
28. Our sleeves were wet because we had been **washing** the van.
29. When I arrived, he had been **building** one for two hours.
30. We were out of breath because we had been **running** uphill.
31. Our hands were blue because we had been **painting** the bedroom.
32. When I arrived, he had been **cooking** since five.
33. His bags were heavy because he had been **shopping** all morning.
34. Her battery was low because she had been **talking** for an hour.
35. Her throat hurt because she had been **singing** for an hour.
36. She was tired because she had been **teaching** since breakfast.
37. Their shoes were muddy because they had been **playing** in the rain.
38. The floor was dusty because he had been **sanding** all morning.
39. The kitchen was warm because she had been **baking** all morning.
40. My hands were cold because I had been **taking** photos outside.